



The College of Naturopaths of Ontario

Inspection Committee Report

Soma & Soul Wellness
1089 Kingston Road, Unit 4B,
Toronto, ON
M1N 4E4

Following a review of the Inspector's Report and all other documentation pertaining to the 5-year inspection of the above premises conducted on July 8, 2024 the Inspection Committee has issued an outcome of a pass with conditions.

Conditions

The conditions are:

1. As per Inspection Program Requirement 6.1.7: The person administering the IVIT washes their hands and dons gloves.

This inspection program requirement was deficient at the time of the previous inspection and a recommendation to remedy the issue was made by the Inspection Committee in the inspection outcome. Due to the deficiency not being remedied at the time of the 5-year inspection, the Committee requires that hands are always washed prior to putting on gloves such as when administering IVIT.

2. As per Inspection Program Requirement 9.4.2: Documentation in the form of a notation in the patient record or a consent form that is dated, signed, and witnessed.

The Committee recommends that informed consent is always obtained specific to IVIT and documented in the patient chart.

3. As per Inspection Program Requirement regarding Patient Chart Requirements 9.6.4: Patient's history regarding exposure to and infection from methicillin resistance organisms (MROs).

This inspection program requirement was deficient at the time of the previous inspection and a recommendation to remedy the issue was made by the Inspection Committee in the inspection outcome. Due to the deficiency not being remedied at the time of the 5-year

inspection, the Committee requires that the patient's history regarding methicillin resistant organisms (MROs) is documented in their patient file.

4. As per Inspection Program Requirements 9.7.1: Whether or not the patient has fears/anxiety around IVIT treatment, and 9.7.2: Whether or not the patient has a history of fainting due to needles.

This inspection program requirement was deficient at the time of the previous inspection and a recommendation to remedy the issue was made by the Inspection Committee in the inspection outcome. Due to the deficiency not being remedied at the time of the 5-year inspection, the Committee requires that in addition to having a verbal discussion around the patients fears/anxieties regarding IVIT treatment and a history of fainting, this information is documented in the patient's chart.

Recommendations

When Inspection Program Requirements are partially met and do not warrant a condition being placed on the premises, the Inspection Committee makes recommendations to the premises.

The Committee makes the following recommendations:

i) As per Inspection Program Requirements 2.2.2: Equipment used for administering IVIT is maintained and inspected regularly for functionality and is recorded in the applicable log, and 2.2.3: Equipment used for compounding for IVIT is maintained and inspected regularly for functionality and is recorded in the applicable log.

The Committee recommends that a log is created and used to monitor the maintenance and inspection of all equipment used for compounding and administering IVIT.

ii) As per Inspection Program Requirements 2.2.6: Cleaning and disinfecting of patient surfaces, equipment, and instruments is recorded in a cleaning log and 7.6: The cleaning and disinfecting log is kept up to date.

The Committee recommends that the log for cleaning patient surfaces, equipment, and instruments is used and kept up to date.

iii) As per Inspection Program Requirements regarding the labelling of the IV bag 5.2.9: Any cautionary information about the drug or substance.

The Committee recommends that the iv bag label includes a section where cautionary information can be added.

iv) As per Inspection Program Requirement 7.2: Gloves are used for a single task and are never re-used.

The Committee recommends that gloves are used for a single task and not sanitized when used for additional tasks.

v) As per Inspection Program Requirements regarding the Quality Management Program:

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8.3: Naturopathic doctor(s) performance is reviewed as it relates to IVIT processes and procedures.

8.4: Non-medical staff performance is reviewed as it relates to IVIT processes and procedures.

The Committee recommends that the Quality Management Program is reviewed to ensure it includes a performance review of naturopathic doctors and non-medical staff related to IVIT process and procedures.